



TRAIL LEGEND

- | | | | |
|-----|---|-----|---------------|
| 1 | The Original
0.75 mile | --- | Trail |
| 2 | Balanced Rock
0.75 mile | TH | Trailhead |
| 3 | Battleship Rock
0.75 mile | ⌋ | Trail shelter |
| 4 | Rock Garden
1.75 mile | ▤ | Trail stairs |
| 5 | Sand Gap
7.50 miles | | |
| 6 | Hood's Branch
3.00 miles | | |
| 7 | Upper Loop of Hood's Branch
0.75 mile | | |
| 8 | Lakeside
0.25 mile | | |
| 9 | Laurel Ridge
0.75 mile | | |
| 10 | Low Gap
0.50 mile | | |
| 11 | Henson's Arch
0.30 mile | | |
| 216 | Whittleton Branch
2.00 miles | | |
| ♠ | Sheltolee Trace
319-mile National Recreation Trail | | |

FACILITIES LEGEND

- | | | | | | |
|---|---------------|----|----------------|---|-------------------|
| — | Road | ⌋ | Playground | — | Skylift |
| P | Parking area | ⌋ | Picnic shelter | ▼ | Point of interest |
| ■ | Building | ⌋ | Picnic area | ▲ | Campground |
| ⌋ | Storm shelter | RR | Restroom | ⌋ | Boat ramp |

NATURAL BRIDGE STATE RESORT PARK



To Turkey Foot Rec Area (40 mi.)

To Whittleton Arch (1 mi.) and Red River Gorge

To Beattyville (16 mi)